

Job Title: Wellbeing Lead

Grade: 7

Salary: £38,205 to £44,263 per annum

Department: Student and Academic Services (Student Support)

Hours/Contract: Part-time (0.8 fte), permanent

Job Family: Management and Administration

Reference: 9509

Role Purpose

The Wellbeing Team Leader is a lead position in the Student Wellbeing Service which will involve line managing service practitioners, clinically supervising practitioners on placement within the service, overseeing their practice and ensuring their adherence to professional and ethical standards.

The post holder will take a lead role in the development, delivery and evaluation of the overall service provided, support preventative wellbeing programmes, as well as drop ins and groupwork as well as developing and managing the relationship with specific departments and will deputise for the head of service in their absence.

In addition, the Wellbeing Team Leader will assess the needs of students who contact the service, determine the most appropriate option(s) to meet their requirements and offer a range of psycho-therapeutic interventions to meet service demand and to best meet the needs of a caseload of students.

Resources Managed

The Wellbeing team leader will line manage a group of Wellbeing Practitioners, supporting their work, development and ensuring they adhere to university processes and procedures.

Main Duties and Responsibilities

- Take a lead role in departmental projects, which focus on the development, delivery and evaluation of the overall service, using professional expertise and judgement to identify the most effective outcomes to enhance the support available for students.
- Supervise placement practitioners, ensuring professional standards are maintained and that their practice is consistent with the services policies and procedures.
- Line manage staff in the service
- Foster excellent working relationships with academic departments and outside organisations to promote the service through the organisation of wellbeing promotional events.
- Assess students, identify safety issues, consider the appropriateness of a range of services provided from within the service, within the university and available externally which best meet their needs.
- Develop, deliver and evaluate psycho-educational workshops and groups for a range of presenting issues and respond to support student wellbeing following untoward incidents.
- Manage and maintain a varied and complex case load of short term clients



- Deputise for the manager in their absence, ensuring the service continues operate to the established standards, policies and principles, acting as a point of escalation within the Service on more complex matters and responding to urgent safety needs.

Internal and External Relationships

- Liaise with services and departments within the University of Leicester.
- Effectively communicate and with services external to the university.
- Be available to work outside normal working hours as required.

Planning and Organising

- Plan your working week, structuring in the different responsibilities you hold.

Qualifications, Knowledge and Experience

Essential

- Hold an accredited qualification as a Counsellor or Psychotherapist*
- Hold accredited membership with the BACP, UKCP or BABCP*
- Significant supervised post-qualifying experience*
- Experience of working with a short term psycho-therapeutic modality.*
- Experience working psychotherapeutically with students in 3rd level education. *
- Experience of assessing and managing risk *
- Experience in clinically supervising the work of psycho-therapeutic practitioners. *
- Knowledge of common mental health conditions.*
- Experience working with clients from a wide range of ethnicities, nationalities and religious backgrounds.*
- Experience in clinically supervising counsellors or psychotherapists.*

Desirable

- Training in a short term therapeutic approach such as Brief Interventions, Solution Focussed Therapy, Cognitive Behavioural Therapy etc.
- Specific specialist training in DBT, EMDR, NLP, working with trauma and cross cultural work.
- Extensive knowledge of the University's structures.
- Experience working with clients from a wide range of ethnicities, nationalities and religious backgrounds
- Demonstrable working knowledge and experience of the issues impacting students in 3rd level education.
- Supervision training.
- Management training or experience.
- Experience of facilitating psycho-educational groups.
- Experience working in a multi-disciplinary team.

Skills, Abilities and Competencies

Essential

- Proven capacity working in a highly pressured environment.





- Demonstrable experience of assessing clients for psycho-therapeutic work.
- Excellent communication skills.
- Substantial working knowledge of the issues impacting on students.
- Ability to self-reflect and self-monitor to remain compassionate and motivated.
- IT literate.

Desirable

- A proven ability to work in a team of professionals with different therapeutic models.
- Data analysis
- Confident working with difference.

****Criteria to be used in shortlisting candidates for interview***

Criminal Declaration and Disclosure and Barring Service (DBS).

If you become an employee, you must inform your manager immediately, in writing, if you are the subject of any current or future police investigations/legal proceedings, which could result in a criminal offence, conviction, caution, bind-over or charges, or warnings.

This post is exempt from the Rehabilitation of Offenders Act 1974 because the appointee will have substantial access to young people and/or vulnerable adults. Therefore, an appointment to this post will be subject to checking through the Disclosure and Barring Service (DBS). The successful applicant for this post will, therefore, be required to give consent for the University to check and obtain appropriate clearance with the DBS for the existence and content of any criminal record in the form of an enhance with adult – workforce. Information received from the DBS and the police will be kept in strict confidence and will be destroyed once the University is satisfied in this regard.

Supporting University Activities

As a University of Leicester citizen, you are expected to support key university activities such as clearing, graduation ceremonies, student registration and recruitment open days. We expect all staff as citizens to work flexibly across the University if required.

University Values

Inclusive - We are diverse in our makeup and united in ambition. Our diversity is our strength and makes our community stronger.

Inspiring - We are passionate about inspiring individuals to succeed and realise their ambitions. We challenge our community to think differently, to get involved, and to constantly embrace new ideas.

Impactful - As Citizens of Change we will generate new ideas which deliver impact and empower our community

Equity and Diversity

We believe that equity, diversity and inclusion is integral to a successful modern workplace. By developing and implementing policies and systems that challenge stereotypes across all aspects of our work, we have a culture that recognises and values the diverse contributions of our staff which benefits everyone. Our strong values of inclusivity and equality support our efforts to attract a diverse range of





high quality staff and students, and identify our University as a progressive and innovative workplace that mainstreams equality, diversity and inclusion.

