



Job Title: Research Assistant
Grade: 6
Salary: £33,002 per annum pro rata
Department: School of Psychology and Vision Sciences
Hours/Contract: Part time (0.4 FTE) contract until 31 August 2026
Job Family: Teaching and Research
Reference: 13064

Role Purpose

To support the co-production of a sleep resource, in collaboration with family support workers and parents/carers accessing the Leicester City Family Hubs. This research project is funded by the ESRC Impact Acceleration Award.

Main Duties and Responsibilities

Research

- To organise workshops with family support workers and parent/carers to co-produce a sleep resource
- To collect data during these workshop sessions, and support the evaluation of the resource using quantitative and qualitative research methods
- To prepare and undertake high-quality data analysis and tests using appropriate techniques
- To contribute to the development or choice of techniques, critiques, approaches, models and research methods.
- To summarise findings, record, and disseminate where appropriate to members of the research group
- To contribute to research outputs such as co-authored journal articles/technical papers/book chapters relating to the work
- To carry out literature searches within pre-specified parameters.
- To provide accessible summaries of the research findings

Professional Development:

- Duties and opportunities to engage in work that support your own professional development.

Impact and Knowledge Exchange:

- Participate in workshops and conferences to support the dissemination of research findings.

Leadership and Citizenship:

- Contribute to the overall success of the research project

Internal and External Relationships





- Communicate and liaise with colleagues and collaborators involved in the above mentioned research programme and other projects and the team is undertaking, on a regular basis to review and plan research activities.

Planning and Organising

- With guidance from the Principal Investigator, and the research team, to plan their own work.
- The post-holder will be required to effectively manage their time to deliver on the priorities of the research programme with the support of their line manager.
- Attend suitable training courses or equivalent and be proactive in terms of continued professional development.

Qualifications, Knowledge and Experience

Essential

- Evidence of Honours degree in a relevant subject with substantial research training (e.g. BSc in Psychology or similar) and/or relevant experience *
- Practical experience and knowledge of applying research skills and techniques to deliver outputs on time and to the required quality.*

Desirable

- Currently studying for a PhD
- Masters qualification
- Evidence of completing a high-quality literature review

Skills, Abilities and Competencies

Essential

- Ability to demonstrate research potential and enthusiasm for the sleep research and contribute to delivering high quality research
- Able to host in-person focus groups in the Leicester City Family Hubs with sensitivity to the cultural diversity of families
- Excellent analytical and problem-solving skills
- Ability to search for and accurately summarise research literature
- Ability to communicate research findings in an accessible way for the general public
- Ability to work well within a team
- Ability to maintain a professional and courteous manner when communicating with members of the public including parents and their children
- Excellent communication skills – written and verbal*
- Ability to prioritise tasks within agreed work schedules
- Commitment to continuous professional development (CPD)





- Willingness to participate in workshops and conferences to support the dissemination of results and findings

****Criteria to be used in shortlisting candidates for interview***

Reason for Fixed Term Contract

The reason for the fixed term contract is stated in section 1.9 in the summary of contractual terms in your contract of employment.

Criminal Declaration and Disclosure and Barring Service (DBS).

If you become an employee, you must inform your manager immediately, in writing, if you are the subject of any current or future police investigations/legal proceedings, which could result in a criminal offence, conviction, caution, bind-over or charges, or warnings.

This post is exempt from the Rehabilitation of Offenders Act 1974 because the appointee will have substantial access to young people and/or vulnerable adults. Therefore, an appointment to this post will be subject to checking through the Disclosure and Barring Service (DBS). The successful applicant for this post will, therefore, be required to give consent for the University to check and obtain appropriate clearance with the DBS for the existence and content of any criminal record in the form of an enhanced check with barred list.

Information received from the DBS and the police will be kept in strict confidence and will be destroyed once the University is satisfied in this regard.

Supporting University Activities

As a University of Leicester citizen, you are encouraged to support key university activities such as clearing, graduation ceremonies, student registration and recruitment open days. We encourage all staff as citizens to work flexibly across the University if required. If supporting these activities is likely to affect your workload, please speak to your line manager in the first instance

University Values

Inclusive - We are diverse in our makeup and united in ambition. Our diversity is our strength and makes our community stronger.

Inspiring - We are passionate about inspiring individuals to succeed and realise their ambitions. We challenge our community to think differently, to get involved, and to constantly embrace new ideas.

Impactful - As Citizens of Change we will generate new ideas which deliver impact and empower our community

Freedom of Speech

The University is committed to upholding freedom of speech and academic freedom within the law throughout our recruitment processes. We ensure that all candidates are considered based on merit and suitability for the role, without regard to their lawful viewpoints or the expression of challenging or controversial ideas. Our recruitment policies and practices are designed to protect applicants from





discrimination or adverse treatment on the basis of their opinions, and to foster an environment where open debate and diverse perspectives are valued as essential to our academic mission.

Equity and Diversity

We believe that equity, diversity and inclusion is integral to a successful modern workplace. By developing and implementing policies and systems that challenge stereotypes across all aspects of our work, we have a culture that recognises and values the diverse contributions of our staff which benefits everyone. Our strong values of inclusivity and equality support our efforts to attract a diverse range of high quality staff and students, and identify our University as a progressive and innovative workplace that mainstreams equality, diversity and inclusion.

