

**Job Title:** Research Associate  
**Salary:** £39,355 to £45,413 per annum, pro-rata if part-time  
**Grade:** 7  
**Department:** Diabetes Research Centre  
**Hours/Contract:** Full-time or job share, fixed term contract till 31 May 2027  
**Job Family:** Teaching and Research  
**Job Reference:** 11677

## Role Purpose

We are looking for a talented, motivated individual to join the team at the Diabetes Research Centre (University of Leicester).

Sitting as part of the NIHR Leicester Biomedical Research Centre (BRC), the post holder will contribute to a portfolio of research in the area of prevention and holistic management of early-onset adult type 2 diabetes (people diagnosed in their 40s or earlier). This will involve working closely within a flagship project (the “M3” Research Programme), funded by a prestigious NIHR Programme Grant for Applied Research grant award. The post-holder will have background expertise relevant to the topic area (e.g. health sciences, human biology, diet/nutrition, lifestyle sciences, health psychology), along with the ability and willingness to learn and synthesise evidence from various subject areas.

They will contribute to the development and testing of interventions (single discipline or multifactorial) for adults with early-onset type 2 diabetes, the latter including the set-up and delivery of clinical research trials. They will also contribute to the dissemination of research findings to academic and public audiences, and applications for further funding.

This will include working closely with senior researchers and other team members to play a lead role in all aspects of the research process, including but not limited to the development and submission of study proposals and funding applications, intervention development and implementation, set-up and delivery of research studies, supporting data analysis, and the preparation and submission of publications and other research outputs, to further the aims of the M3 programme, the NIHR Leicester BRC, and the Diabetes Research Centre as a whole.

## Main Duties and Responsibilities

### Research

- Lead and/or independently support the set-up, delivery, and management of research studies. This may include (but is not limited to) the development of study protocols, obtaining regulatory approvals, developing/delivering/implementing interventions, supporting data collection, quality assurance processes, and contributing to overall project management.
- Provide substantial contribution to diverse research outputs, by leading and/or independently supporting both data analysis and the preparation of journal article manuscripts, conference abstracts and presentations; including those as lead author/presenter.
- Lead and/or independently support the preparation and submission of study proposals and grant funding applications.





- Contribute to the overall research programme using innovative research models, novel approaches and techniques.
- In agreement with the line manager, liaise with project collaborators to progress the research.
- Assist and provide advice/support to other staff and students within own area of expertise. This may include helping in the supervision of students and other junior members of the team.
- Design and develop the work-plan required to meet deadlines related to the principal responsibilities above, including planning and prioritising personal work load several months ahead and coordinating with other teams and individuals, whilst also adapting to accommodate new developments or research directions.

### **Professional Development**

- Maintain a broad knowledge of up-to-date research and scholarship in relevant fields.
- Undertake appropriate training and personal development activities to develop research skills relevant to the studies being undertaken by the group; this may include attendance of internal and external training courses if the opportunity arises.
- Engage in continuous professional development, for example through participation in relevant staff development programmes.

### **Impact and Knowledge Exchange**

- Represent the research group at external meetings, including national and international conferences (if the opportunity arises). This may include delivering poster, oral or other presentations.
- Contribute to building and maintaining internal and external collaborations, including with industry, academic and other partners.
- Participate in workshops and conferences to support the dissemination of research findings.
- Undertake, subject to agreement of the lead researchers, external commitments which reflect well upon and enhance the reputation of the Diabetes Research Centre and the University of Leicester.
- Contribute to industry collaborations.
- Engage positively and pro-actively in research impact.

### **Leadership and Citizenship**

- Carry out administrative duties related to the trial and the overall research programme of the group, as required by the lead researchers and/or study teams.
- Contribute to the overall department by attending meetings and seminars as appropriate.
- Undertake other departmental roles as may be reasonably required by the lead researchers.
- Contribute to the overall success of the research programme.
- Pro-actively build networks and collaborations.
- Providing mentoring and coaching to Early Career Researchers and research students.

### **Teaching**





- Whilst primarily a research role, the post holder may on occasion be asked to assist with the development and/or delivery of lectures, seminars, tutorials and other classes or public presentations within their areas of expertise, in support of teaching or other education activities delivered by the Diabetes Research Centre (e.g., UoL Diabetes MSc, healthcare professional training, public education sessions etc.), as reasonably required by lead researchers or education leads.

### Other

- Ensure compliance with health and safety requirements in all aspects of work.

### Internal and External Relationships

The post holder will be situated at the Leicester Diabetes Centre, located at Leicester General Hospital. They will sit within the Lifestyle Theme of the NIHR Leicester BRC (as part of the wider Leicester Lifestyle and Health Research Group), and work directly with various teams across the Leicester Diabetes Centre as part of the M3 programme, including the IMPACT team who lead the development and implementation of holistic/multifactorial interventions.

Within the role, the appointee will be expected to liaise and work closely with all of the teams within the Leicester Diabetes Centre, collaborators within the M3 programme, and other themes across the NIHR Leicester BRC. This will include working with groups across the University of Leicester, University Hospitals of Leicester NHS Trust, and with other local, national and international collaborative organisations as appropriate.

The Diabetes Research Centre and the NIHR Leicester BRC host bespoke clinical research facilities with capacity for detailed clinical, anthropometric, physiological and cardiometabolic testing, as well as a state-of-the-art exercise testing and training laboratory, in-person and remote clinical consultation areas, and analytical biochemistry laboratories. The post holder will work closely with the clinical staff, research scientists, laboratory technicians and other key support staff to support studies utilising these facilities.

The post holder will also have contact with participants and their families involved in the research studies conducted by the Centre.

### Planning and Organising

- With guidance from the Principal Investigator, or equivalent, plan own work and prioritise research and project activities on a regular basis, including organising resources and co-ordinating with other individuals and teams within the Diabetes Research Centre, as well as external collaborators, to design and implement collective workplans to meet project timelines and other deadlines.
- The post-holder will be required to effectively manage their time to deliver on the priorities of the research programme with the support of their line manager.
- Attend suitable training courses or equivalent and be proactive in terms of continued professional development.





## Qualifications, Knowledge and Experience

### Essential

- PhD or equivalent expertise in a relevant discipline (for example, but not limited to, health sciences, human biology, diet/nutrition, lifestyle sciences, health psychology)\*
- Experience in conducting experimental/translational clinical research\*
- Evidence of involvement in high-quality research publications\*
- Proficient in Microsoft Office or equivalent software, including word processing, spreadsheets, and presentations\*
- Experience of collaboration or team working

### Desirable

- Experience in conducting experimental/translational research in the area of type 2 diabetes, obesity or other long-term cardiometabolic conditions
- Experience in conducting experimental/translational research involving complex multifactorial interventions
- Experience of involvement in large, externally-funded, multidisciplinary programmes of research
- Experience in preparing/submitting regulatory approvals required to conduct clinical research within the NHS
- Experience in preparing/submitting successful grant funding applications
- Experience of working with clinical populations in a clinical setting

*(\*Criteria to be used to shortlist candidates for interview)*

## Skills, Abilities and Competencies

### Essential

- Ability to manage and coordinate research projects\*
- Ability to work at a high level of accuracy and at high analytical sensitivity\*
- Ability to interpret analytical data\*
- Excellent interpersonal skills and ability to work as part of a team\*
- Excellent written\* and oral communication skills
- Excellent IT skills
- Excellent organisational skills
- Ability to prioritise workload in order to meet deadlines\*
- Highly motivated\*
- Willingness to undertake necessary training and personal development\*
- Willingness to undertake necessary travel\*





### Desirable

- Well-developed understanding of Health and Safety regulations and procedures, particularly around clinical research.
- Demonstrable success in producing research outputs of the very highest standard.
- Proven capability in analytical, technical and/or scientific problem-solving.
- Budget management skills.
- Willingness to foster new collaborations.

*(\*Criteria to be used to shortlist candidates for interview)*

### Reason for Fixed Term Contract

The reason for the fixed term contract is stated in section 1.9 in the summary of contractual terms in your contract of employment.

### Criminal Declaration

If you become an employee, you must inform your manager immediately, in writing, if you are the subject of any current or future police investigations/legal proceedings, which could result in a criminal offence, conviction, caution, bind-over or charges, or warnings.

This post is exempt from the Rehabilitation of Offenders Act 1974 because the appointee will have substantial access to young people and/or vulnerable adults. Therefore, an appointment to this post will be subject to checking through the Disclosure and Barring Service (DBS). The successful applicant for this post will, therefore, be required to give consent for the University to check and obtain appropriate clearance with the DBS for the existence and content of any criminal record in the form of an Enhanced Child and Adult Workforce Disclosure.

Information received from the DBS and the police will be kept in strict confidence and will be destroyed once the University is satisfied in this regard.

### NHS Research Governance Arrangements

Where it is determined that the duties of this post for the purposes of research involve work with the NHS, it is necessary to ensure that the performance of the duties attached to the post are covered by NHS research governance arrangements and the appointee must comply with all such arrangements, including DBS & occupational health clearance.

### Supporting University Activities

As a University of Leicester citizen, you are expected to support key university activities such as clearing, graduation ceremonies, student registration and recruitment open days. We expect all staff as citizens to work flexibly across the University if required.





### University Values

**Inclusive** - We are diverse in our makeup and united in ambition. Our diversity is our strength and makes our community stronger.

**Inspiring** - We are passionate about inspiring individuals to succeed and realise their ambitions. We challenge our community to think differently, to get involved, and to constantly embrace new ideas.

**Impactful** - As Citizens of Change we will generate new ideas which deliver impact and empower our community

### Equity and Diversity

We believe that equity, diversity and inclusion is integral to a successful modern workplace. By developing and implementing policies and systems that challenge stereotypes across all aspects of our work, we have a culture that recognises and values the diverse contributions of our staff which benefits everyone. Our strong values of inclusivity and equity support our efforts to attract a diverse range of high quality staff and students, and identify our University as a progressive and innovative workplace that mainstreams equity, diversity and inclusion.

