UNIVERSITY OF LEICESTER

Job Summary

Job Title: 2026 NIHR Clinical Lecturer in Multiple Long-Term Conditions - General Practice
Grade/Salary: Clinical Below Consultant
Contract: Fixed term contract for up to 4 years. Actual period of appointment defined by NIHR conditions; consideration may be given to a LTFT appointment which meets the NIHR criteria
Job Family: Teaching and Research
Reference: 14061

Role Purpose

The post offers the opportunity for those with excellent potential as clinical academics to work as a General Practitioner whilst further developing their academic skills, and undertaking high quality research. The scheme is intended to develop the lecturer into an independent principal investigator who is able to secure grant funding and to apply competitively for a senior academic position in the future.

Balance of Duties

The successful applicant will spend 50% of their time undertaking academic duties at the University of Leicester, in associations with University of Leicester academic and research supervisors (research and teaching) and 50% of their time undertaking clinical work.

The way that this split is arranged can be managed very flexibly through liaison between the post holder, the academic supervisor and GP practice. If required, the research can be undertaken in dedicated blocks where there is no (or minimal) clinical commitment to ensure that the ACL has the opportunity to focus on their own research, as well as participate in the research training opportunities within the Division, College and wider University. There are a significant number of training courses and sessions that the University provides for clinical academic staff, and the ACL will be expected to identify, in consultation with their academic and research supervisors, the courses that are necessary for their on-going professional development as an academic clinician.

In line with NIHR guidance LTFT applications may be considered. Dependent upon the fte undertaken, posts may be extended for a maximum of 6 years (equivalent to four years full time) and the academic component of the post must not fall below 0.33fte.

Main Duties and Responsibilities

Research (see appendix)

You should have research interests in areas compatible with existing research interests in the College and aligned with the theme of this post (MLTC). Candidates are advised to contact the research leads in these areas to discuss their research programme https://le.ac.uk/cls/research.

The appointee will be required to:

- Contribute in a significant and meaningful manner to the College's profiles by producing academic outputs of the highest standard.
- Demonstrate the ability to establish and develop an excellent and distinctive independent academic portfolio.

- Demonstrate the ability to write up research findings in a timely fashion resulting in publications in high quality peer-reviewed journals.
- Demonstrate the ability to establish successful collaborations within and beyond Leicester to enhance the overall College academic portfolio.
- Secure, in collaboration with colleagues, as appropriate, external research funding relevant to their academic project(s) and future independent research area, which will deliver outputs of excellence
- Attend and present research findings and papers at academic and professional conferences, and to contribute to the external visibility of the College
- Ensure that all research activities undertaken are in compliance with the 'Research Code of Conduct' operated by the University.
- Undertake research student supervision

Teaching

The appointee will contribute to teaching appropriate to their expertise on the MB ChB and other undergraduate and postgraduate courses. The medical curricula are integrated, and the structure and content are the responsibility of a single Medical College Curriculum Committee. They are coordinated by the Leicester Medical School in consultation with academic Schools. Staff may contribute to lectures, tutorials or practical work in either the core curricula or student selected Special Study Modules. In the case of the core curricula, staff will be responsible to a relevant Module Leader, who may not necessarily be based in the member of staff's own School, for the content and nature of their teaching.

Clinical Duties

The appointee will spend up to 50% of the time undertaking clinical practice in the locality and will be expected to be registered on one of the provider lists. The appointee may identify their own practice in which to undertake clinical duties, or assistance will be provided by the University in identifying a practice.

The precise job plan will be agreed, but it is anticipated that clinical and administrative duties will account for up to four sessions (40%) whilst the primary care meetings and

CPD will account for one session (10%).

• ***Clinical duties:*** appointments, visits, dealing with telephone queries from patients or other health care professionals.

• ***Administration:*** whether arising directly from this caseload (referrals, investigations, results) and indirectly (reports, medicals, etc).

• ***Primary care team meetings:*** formal or informal, essential to the delivery of team-based care, discussing clinical practice standards, developing practice protocols, mutual professional support for the individual practitioners, audit, significant event analysis, meetings with colleagues in the locality, care trust etc.

• **Management and Administration:** To co-operate in the administrative work of the Practice and to undertake such duties from time to time.

• **Continuing Professional Development:** The post-holder will be expected to pursue a programme of CPD in accordance with the requirements of the Royal College of General Practitioners or another recognized body. This may include for example in-house meetings and events, private study, attending educational events.

Internal and External Relationships

- Coordination with central University offices as required.
- Delivery of research presentations at national/international conferences and meetings.
- Attendance and contributions to group and School meetings
- Liaison with collaborators within and outside the University of Leicester
- Seek guidance from academic and research supervisors, administrative support staff and other academic colleagues as required
- NHS staff & patients

Planning and Organising

- Shaping the strategic direction of own area of activity, managing own time and leading the long-term planning and delivery of activity with respect to agreed priorities/projects with a view to applying for funding for a senior academic position
- Participation in the School operational planning process
- Supporting the strategic direction of the research group and College
- Seek guidance from mentors, administrative support staff and other academic colleagues as required.

Supervision

Within the University the appointee will be responsible to their academic supervisor and ultimately to their Head of School.

As part of the NIHR academic training scheme, appointees in all specialties will have a University of Leicester academic supervisor and research supervisor. The Director of the Clinical Academic Programme is responsible for ensuring that these supervisors are appointed and approved by the Clinical Academic Training Committee (CAT).

A research supervisor cannot act as an academic supervisor.

Qualifications, Knowledge and Experience

Essential

- Basic medical degree, MB BS or equivalent*
- Full GMC registration *
- GMC Licence to practice*

- MRCGP or equivalent*
- Completed Specialist training in General Practice and be on the GMC GP register, although exceptional candidates who will have completed before 31 August 2027 may be considered
- Higher degree (MD, PhD or equivalent) in field related to this post. Candidates who have submitted for their higher degree at the time of application may be considered but must have been fully awarded prior to 31 August 2027*
- A coherent, high quality and feasible plan of research
- Demonstration of understanding and commitment to academic career*
- Indication of medium and long-term career goals*
- Demonstration of reasons for applying for this Clinical Lectureship Programme*
- Evidence of teaching experience* and the ability to teach undergraduates and postgraduates
- Publications in peer reviewed journals, with ability to meet REF requirements*

Desirable

- Evidence of commitment to specialty
- Intercalated honours degree and/or additional qualifications e.g. MSc etc
- Knowledge of the centre hosting the research and how this is best placed to support the research, education and training needs*
- Prizes or distinctions significant to this post*
- Presentation of work at a national or international meetings*
- Minimum of two 4* REF returnable publications

Skills, Abilities and Competencies

Essential

- High level of proficiency in English, sufficient to undertake research, teaching and administrative activities utilising English Language materials and to communicate effectively with staff and students
- Area of research compatible with the interests of the College for which University of Leicester supervisors are able to provide academic and research supervision*
- Publications in national or international peer reviewed Journals*
- Evidence of presentations to learned societies*
- Demonstration of the potential for scientific independence and the ability to lead a research team
- Demonstration of personal reasons for applying for this Clinical Lectureship Programme
- Evidence of potential to become a leader in chosen field

- Evidence of ability to work effectively & co-operatively as a member of a multi-disciplinary team
- Commitment to personal and professional development
- A high degree of motivation and personal self-discipline
- Organisational ability
- Capacity to prioritise own workload
- Able to initiate/innovate
- Effective written communication skills*
- Effective oral communication & spoken English skills

Criteria to be used in shortlisting candidates for interview

Other Requirements

- Satisfactory enhanced DBS disclosure
- Satisfactory occupational health clearance
- Meets professional health requirements (in line with GMC standards/Good Medical Practice)
- Medical defence cover
- Eligibility to work in the UK
- Able to commence in post at the required clinical entry level no later than 1 September 2027

Contract Information

This post is a fixed-term post and forms part of the integrated clinical/academic training programme. Funding is provided by NIHR for a maximum period of 4 years (full time).

Appointees in General practice will hold a jointly agreed clinical and academic job plan between their GP practice and the University and a Memorandum of Understanding will be put in place between the Practice and the University for management of the post. Appropriate NHS research governance arrangements will be put in place with respect to the research to be undertaken.

Candidates must have a higher degree (MD/PhD, or equivalent), or have submitted their higher degree, at the time of application. The degree must be awarded prior to commencement. The post holder must be able to commence no later than 1 September 2027.

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Professional Requirements

You must be registered with the GMC, hold a licence to practice, abide by the codes of professional practice and have appropriate cover from a medical defence organisation for the duration of your appointment. Lapsing may render you subject to disciplinary action and you cannot be lawfully employed should registration lapse. You are required by the GMC to revalidate every five years. You must therefore advise the University of your revalidation dates and provide written evidence of your satisfactory revalidation where these fall within your period of employment with the University. You are also required to abide by the codes of professional practice as detailed by the professional body GMC.

Appointees will be expected to engage in appropriate continuing professional development.

You will be required to comply with all NHS employment checks and satisfactorily meet these requirements prior to commencement in post. You are required to comply with the appropriate occupational health procedures for the post which you are to undertake.

Management of the academic programme

The academic programme is managed by the Clinical Academic Training (CAT) Operational Group and comprises members from the University, NHS Midlands and partner NHS Trusts. It is led by the Director of CAT, currently Dr Anvesha Singh.

Teaching Qualification

CLs with less than 3 years' experience of teaching in higher education are expected to complete the Postgraduate Certificate in Academic and Professional Practice within a reasonable timeframe of starting their employment with the University. CLs with more than 3 years' teaching experience, who do not already hold an Academic Teaching Qualification as defined by HESA such as teaching qualification (UK or International), or Fellowship of the Higher Education Academy, are expected to achieve the latter within a reasonable timeframe of starting their employment with the University. Fellowship of the Higher Education Academy can be achieved through the Experiential Route of the University's Professional Educational Excellence Recognition Scheme (PEERS).

Assessment and Appraisal

At the commencement of the lectureship the academic trainee must meet with their academic supervisor to ensure that an integrated and jointly agreed training programme/job plan is agreed, and at a minimum of six-monthly intervals thereafter, preferably more frequently, to review progress. The trainee will also have an induction meeting with the Director/Deputy Director of the Clinical Academic Training Programme and the Administrative Manager for the programme. In addition, the appointee should meet regularly (at least bi-monthly) with their research supervisor.

The appointee will be required to attend an annual academic review and provide the required information to the review panel. These normally take place in May each year. The academic supervisor must ensure that a report on academic progress is submitted to the Director of Clinical Academic Training at least 2 weeks prior to the review. Following the review, the Director will provide a letter of progression. Documentation from the academic review and the Director's report will inform University probation. All appointees are required to comply with the University's PDD processes.

Athena Swan Silver Award
Race Equality Charter Bronze Award
disability confident LEADER
LGBT+ 2020 - 2021 AWARDEE ORGANISATION
Stonewall DIVERSITY CHAMPIONS

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Criminal Declaration and Disclosure and Barring Service (DBS)

If you become an employee, you must inform your manager immediately, in writing, if you are the subject of any current or future police investigations/legal proceedings, which could result in a criminal offence, conviction, caution, bind-over or charges, or warnings.

This post is exempt from the Rehabilitation of Offenders Act 1974 because the appointee will have substantial access to young people and/or vulnerable adults. Therefore, an appointment to this post will be subject to checking through the Disclosure and Barring Service (DBS). The successful applicant for this post will, therefore, be required to give consent for the University to check and obtain appropriate clearance with the DBS for the existence and content of any criminal record in the form of an Enhanced Barred with Adult & Child Workforce Check..

Information received from the DBS and the police will be kept in strict confidence and will be destroyed once the University is satisfied in this regard.

NHS Research Governance

Where it is determined that the duties of this post for the purposes of research involve work with the NHS, it is necessary to ensure that the performance of the duties attached to the post are covered by NHS research governance arrangements and the appointee must comply with all such arrangements, which may include occupational health clearance and DBS clearance.

Supporting University Activities

As a University of Leicester citizen, you are encouraged to support key university activities such as clearing, graduation ceremonies, student registration and recruitment open days. We encourage all staff as citizens to work flexibly across the University if required. If supporting these activities is likely to affect your workload, please speak to your line manager in the first instance

University Values

Inclusive - We are diverse in our makeup and united in ambition. Our diversity is our strength and makes our community stronger.

Inspiring - We are passionate about inspiring individuals to succeed and realise their ambitions. We challenge our community to think differently, to get involved, and to constantly embrace new ideas.

Impactful - As Citizens of Change we will generate new ideas which deliver impact and empower our community

Freedom of Speech

The University is committed to upholding freedom of speech and academic freedom within the law throughout our recruitment processes. We ensure that all candidates are considered based on merit and suitability for the role, without regard to their lawful viewpoints or the expression of challenging or controversial ideas. Our recruitment policies and practices are designed to protect applicants from

discrimination or adverse treatment on the basis of their opinions, and to foster an environment where open debate and diverse perspectives are valued as essential to our academic mission.

Equity and Diversity

We believe that equity, diversity and inclusion is integral to a successful modern workplace. By developing and implementing policies and systems that challenge stereotypes across all aspects of our work, we have a culture that recognises and values the diverse contributions of our staff which benefits everyone. Our strong values of inclusivity and equality support our efforts to attract a diverse range of high quality staff and students, and identify our University as a progressive and innovative workplace that mainstreams equality, diversity and inclusion.

Appendix

Multiple Long-Term Conditions

Multiple long term conditions is defined as the existence of two or more long-term conditions in a single individual (of any age).

Research areas:

Some populations, traditionally under-served within health and social care, such as ethnic minority groups and deprived populations, have a high prevalence of MLTC's and poorer outcomes, and are at the greatest need for therapeutic intervention.

Research undertaken at Leicester will therefore build on our existing research portfolio to investigate the potential for intervention(s) consisting of promoting healthy levels of physical activity, nutrition and sleep, behaviour change techniques and disease self-management education to improve lifestyle and risk factors in patients from at-risk groups living with MLTCs.

The Diabetes Research Centre (DRC), BRC and ARC-EM lead a portfolio of research in MLTCs.
Research areas include:

- Impact of lifestyle/pharmacotherapy/wearable technology/self-management and multi-factorial interventions on prevention and management of MLTCs.
- Use of national data to conduct epidemiological studies and target trials
- Health disparities
- Innovative approaches to managing MLTCs through enhanced primary/secondary/community care integration
- Preventing advanced Heart Failure by targeting those with MLTC and stage-B HF

With the renewed NIHR Commercial Research Delivery Centre hosted within the DRC, there is also strong local expertise in delivery of commercial research trials, and a strong pipeline of potential trials specifically in novel obesity and diabetes pharmacotherapies.

The ACL may develop their own area of research, in collaboration with their research/academic supervisors, and will be hosted within the School of Medicine in the College of Life Sciences.

Partnership suitability:

The DRC has significant research experience/expertise in MLTCs and health inequalities. The NIHR ARC-EM, led by Professor Kamlesh Khunti, is the NIHR ARC national lead for MLTCs and Ethnicity and Health Inequalities, and Prof Khunti co-leads the NIHR MLTC Cross NIHR Collaboration. Professor Tom Yates has a particular interest in lifestyle interventions (including sleep, physical activity and nutrition) for people with MLTCs, and Professor Davies leads the NIHR Diet and Activity Research Translation (DART) Collaboration and is Director of the NIHR Leicester BRC, which has several themes including Cardiovascular, Respiratory & Infection, Lifestyle and Cancer. in addition, Leicester has received significant external funding for MLTC-related research:

- National NIHR ARC MLTC lead (£1.8m)
- MLTC Cross-NIHR Collaboration (£1.9m)
- NIHR BRC, which has specific themes for Data Innovation for Multiple Long-Term Health Conditions and Ethnic Health (£3m) and Lifestyle (within MLTCs) (£4.3M)
- NIHR Global Health Research Centre for MLTCs (£9.7m)
- NIHR Global Health Research Group on Collaborative Care for Cardiometabolic Disease in Africa (£2.2m)

Innovative, interdisciplinary, and new research approaches:

We employ innovative and interdisciplinary approaches to research and conduct epidemiological studies and acute/mechanistic studies and applied/pragmatic randomised trials. We host the Centre for Ethnic Health Research (CEHR), which works to address ethnicity-related inequalities in health care access and health outcomes by supporting individuals and organisations to involve and understand the needs of ethnic minority and underserved communities when planning and undertaking research and healthcare delivery. With the expertise and links to the local community provided by the CEHR, we are able to culturally-adapt interventions and health resources in order to improve engagement with under-served populations