



**Job Title:** Mixed-Methods Researcher

**Grade:** 6

**Salary:** £32,296 to £36,924 per annum, pro-rata if part-time

**Department:** Cardiovascular Sciences

**Hours/Contract:** Full-time, or job share considered, fixed term contract for 24 months commencing March 2025, with possibility of further extension subject to satisfactory review

**Job Family:** Teaching and Research

**Reference:** 11104

## Role Purpose

The Kidney Lifestyle Team (KLT) is a multidisciplinary research group running a portfolio of clinical and laboratory studies investigating biomedical, clinical, and psychosocial effects of lifestyle interventions in patients with chronic kidney disease, exploring the mechanisms underlying these effects, and developing and testing strategies for implementing interventions in clinical practice.

The primary purpose of this job is to support the day-to-day management of an Implementation Science project aiming to provide lifestyle management resources for kidney patients and healthcare staff in primary and secondary care, and address the knowledge gap between interventions that research has shown to be effective and their delivery to communities and translation into practice. The role will specifically look at methods and strategies to promote the systematic uptake of the group's research findings and other evidence-based interventions into routine practice; this is a key part of our Kidney Lifestyle Research Programme (KLRP).

Working with other KLT members, patients, and stakeholders the post holder will support and coordinate the revision and implementation of the My Kidneys & Me (MK&Me) digital health platform into primary and secondary care clinical workflows.

The post will be based at Leicester General Hospital and the Glenfield General Hospital but will involve travel to other sites across England. The post will start in March 2025.

For further information, please contact Dr Matthew Graham-Brown ([mgb23@le.ac.uk](mailto:mgb23@le.ac.uk)) by email in the first instance.

## Main Duties and Responsibilities

### Research

Daily operational running of the Kidney Lifestyle Research Programme work package 2. This will include but is not limited to:

- Assist with the delivery of qualitative studies and PPIE activities exploring the revisions that are required to the MK&Me platform to improve accessibility for those at most need (lower health literacy and from a variety of ethnic backgrounds).
- Assist with the set up and delivery of implementation trials.
- Study data collection, data management, analysis and interpretation.
- Managing study documentation according to strict national and local research governance regulations and protocols.





- Organise, facilitate and documents meetings and other communications of KLT members and partners to scope and iteratively co-design interventions, supporting materials and implementation planning following defined research and quality improvement pathways and frameworks.
- To summarise findings, record, and disseminate where appropriate to members of the research group
- To contribute to research outputs such as co-authored journal articles/technical papers/book chapters relating to the work
- To assist in supporting research students in the use of specific methods or approaches under the direction of their line manager.

**Professional Development:**

- Duties and opportunities to engage in work that support your own professional development.

**Impact and Knowledge Exchange**

- Network and contribute to the maintaining and furthering of the wider research programme and research area
- To represent the research group by disseminating results/findings at national and international conferences and broader community
- To engage positively and pro-actively in research impact

**Leadership and Citizenship:**

- Contribute to the overall success of the research programme.

**Internal and External Relationships**

- Liaison with external collaborators particularly the University Hospitals of Leicester NHS Trust, the Diabetes Research Centre, the Leicester Biomedical Research Centre, Researchers at the University of Bangor
- NHS staff
- NHS patients

**Planning and Organising**

You will be required to effectively manage your time to plan your research activity and to deliver on the priorities of the programme:

- The post-holder will be required to effectively manage their time to deliver on the priorities of the research programme with the support of their line manager.
- Attend suitable training courses or equivalent and be proactive in terms of continued professional development.
- Prioritise tasks within agreed work schedules;
- Adapt daily and weekly plans to accommodate new developments and be flexible to the





changing priorities of the project;

- This may include travel between university, hospital, and primary care sites.
- Attend suitable training courses or equivalent and be proactive in terms of continued professional development.

### Qualifications, Knowledge and Experience

#### Essential

- Evidence of Honours degree and/or relevant experience \*
- Practical experience and knowledge of applying research skills and techniques to deliver outputs on time and to the required quality.
- Evidence of experience working as a health and/or research professional (this may include time spent on a higher degree)\*
- Experience with qualitative research and PPIE\*
- Familiarity with clinical trial design and delivery\*
- Experience of the design, development and testing of a digital health intervention \*
- Sound understanding of the principles of NHS research ethics

#### Desirable

- Working towards or completed a PhD
- Experience of working in a healthcare environment\*
- Knowledge of implementation science methodology\*
- Experience of delivering research / interventions to communities and translation into practice\*
- Experience and engagement stakeholders and PPIE\*
- Experience of statistical methods applied to research
- Experience of qualitative data analysis

### Skills, Abilities and Competencies

#### Essential

- Sound IT skills (e.g. Microsoft Office)\*
- Excellent written communication skills\*
- Experience delivering studies that involve a digital health intervention \*
- Excellent verbal communication skills
- Ability to demonstrate research potential and enthusiasm for the subject area and contribute to delivering high quality research \*
- Evidence of working both independently and as part a team
- Able to work to high standards of professionalism, confidentiality, health and safety, and respect for study participants
- Excellent organisational and time management skills
- A high level of accuracy and attention to detail\*
- Willingness to participate in workshops and conferences to support the dissemination of results and findings





### Desirable

- Excellent presentation and scientific writing skills;

### *\*Criteria to be used in shortlisting candidates for interview*

### Reason for Fixed Term Contract

The reason for the fixed term contract is stated in section 1.9 in the summary of contractual terms in your contract of employment.

### Criminal Declaration and Disclosure and Barring Service (DBS).

If you become an employee, you must inform your manager immediately, in writing, if you are the subject of any current or future police investigations/legal proceedings, which could result in a criminal offence, conviction, caution, bind-over or charges, or warnings.

This post is exempt from the Rehabilitation of Offenders Act 1974 because the appointee will have substantial access to young people and/or vulnerable adults. Therefore, an appointment to this post will be subject to checking through the Disclosure and Barring Service (DBS). The successful applicant for this post will, therefore, be required to give consent for the University to check and obtain appropriate clearance with the DBS for the existence and content of any criminal record in the form of a Standard DBS Check.

Information received from the DBS and the police will be kept in strict confidence and will be destroyed once the University is satisfied in this regard.

### NHS Research Governance

Where it is determined that the duties of this post for the purposes of research involve work with the NHS, it is necessary to ensure that the performance of the duties attached to the post are covered by NHS research governance arrangements and the appointee must comply with all such arrangements, which may include occupational health clearance and DBS clearance.

### Supporting University Activities

As a University of Leicester citizen, you are expected to support key university activities such as clearing, graduation ceremonies, student registration and recruitment open days. We expect all staff as citizens to work flexibly across the University if required.

### University Values





**Inclusive** - We are diverse in our makeup and united in ambition. Our diversity is our strength and makes our community stronger.

**Inspiring** - We are passionate about inspiring individuals to succeed and realise their ambitions. We challenge our community to think differently, to get involved, and to constantly embrace new ideas.

**Impactful** - As Citizens of Change we will generate new ideas which deliver impact and empower our community

## Equity and Diversity

We believe that equity, diversity and inclusion is integral to a successful modern workplace. By developing and implementing policies and systems that challenge stereotypes across all aspects of our work, we have a culture that recognises and values the diverse contributions of our staff which benefits everyone. Our strong values of inclusivity and equity support our efforts to attract a diverse range of high quality staff and students, and identify our University as a progressive and innovative workplace that mainstreams equity, diversity and inclusion.

